CBCS SCHEME

BSFHK158/258

USN							Question Paper Version : A	A
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	First/Second Semester B.E./I Dec.2024/		The second secon	mination,			
Scientific Foundations of Health							
ime:	1 hr.]		5	[Max. Marks: 50			
	INSTRUCTIONS '	ТО	THE CANDIDA	TES			
1.	Answer all the fifty questions, each que	estion	n carries one mark.				
2.	Use only Black ball point pen for writing / darkening the circles.						
3.	For each question, after selecting yo	ur aı	nswer, darken the	e appropriate circle			
	corresponding to the same question number on the OMR sheet.						
4.	Darkening two circles for the same que	stion	makes the answer	invalid.			
5.	Damaging/overwriting, using white	eners	on the OMR	sheets are strictly			
	prohibited.		35				
1.	Globalization, growth of trade unions, public relations and positive atmosphere are some factors that enable a) Good friendship b) Isolation from society c) Happiness d) Communication growth						
2.	Which of the following is NOT a character a) Denial c) Loss of control		of addiction? Negative conseque Habitual behavior	ences			
3.	 Denial is person's a) Experience of a blackout episode or memory loss. b) Inability to perceive that a behavior is self – destructive c) Failure to stop an addictive behavior d) Change in usual pattern of drinking or drug use 						
4.	Temporary physical and psychological sy substance is discontinued is a) Relapse b) Compulsion		oms that occur whe	n use of an addictive d) Addiction			
5.	Chemicals that relay messages (impulses) are a) Enzymes c) Synapses	b)	one nerve cell to an Neuro transmitters Chemoreceptors				

6.	What is the definitions of overweight?		2	
	a) BMI > 25 kg/m ²		$BMI = 25 \text{ kg/m}^2$	
	c) BMI $25 - 29.9 \text{ kg/m}^2$	d)	$BMI < 25 \text{ kg/m}^2$	
7.	Communication is a part of skills.	1		
/·	a) Soft b) Hard	c)	Short	d) Rough
8.	Which of these factors is not required for c	commi	unication growth?	
ο.	a) Globalisation	b)	Negative Atmosphe	ere
	c) Growth size of organizations	,	Public relations	
0	D. 1. 1			
9.	Body language plays an important role in	a)	Both (a) & (b)	d) None of these
	a) Communication b) Judgment	C)	Both (a) α (b)	d) None of these
10	TI i			
10.	This causes tunnel vision. a) Smoking b) Alcohol	(0)	Barbiturates	d) Vitamins A
	a) Smoking b) Alcohol	C)	Daronuraics	d) Vitaliiliis 71
11.	This causes maximum accumulation of fat	in the	e liver.	
11.	a) Meat & Egg b) Alcohol		Saturated fat	d) Starch
	u) Mout & Egg o) Internet			
12.	Using abbreviations in communication lea	ds to	which type of comn	nunication barrier.
	a) Language / Linguistic		Physical	
	c) Cultural	d)	Organizational	
	9°	0		
13.	Obesity occurs due to; More consumption	of		
	a) Calorie b) Protein		Vitamins	d) None of these
14.	What is intimately related?	1.5	D - 1 - 0 in 1	
	a) Body & health		Body & mind	valuas
	c) Disease & Health	d)	Body & Spiritual v	raiues
15.	What influences your health?			
10.	a) Heredity	b)	Environment	
	c) Physical environment		All of these	
	,			
16.	A lack of judgment regarding whether a p	articu	ılar substance or be	havior will be healthy
	of damaging to oneself is known as			
	a) Denial b) Obsession	c)	Loss of control	d) Compulsion
1.5	W/I : 1 - C4 - C-11 : ! : - : - : - : - : - : -	:++ a d 1:	vi on incort vicate "0	
17.	Which of the following diseases is transm		-	d) None of these
	a) Malaria b) HIV/AIDS	c)	CTB	d) None of these
10	Disease of the heart, joint and nervous sys	tem is	s called	
18.	a) Degenerative diseases		Mental diseases	
	c) Communicable diseases	d)	Deficiency diseases	20
	c) Communicatic diseases	u)	Deficiency disease	טע

19.	How often one must ha a) Once in 10 year	ave a routine body cheb) Twice a year		ip? Once a year	d)	Once in 5 year
20.	How do puzzles help y a) Physical exercise c) They help exercise		b) d)	They are a time pa They help you lea		umbers
21.	Alcohol based hand ru a) False	b is the preferred met b) True		of hand hygiene. Not sure	d)	None of these
22.	Is addiction a a) Mental disorder	b) Physical disorder	c)	Both (a) & (b)	d)	None of these
23.	Important roles of life a) Feeling happy		c)	Fighting diseases	d)	All of these
24.	Signs of mental illness a) Abnormal thinking b) Abnormal changes c) Both (a) & (b) d) Abnormal changes	g, perception and judg in feeling and memor	ry			
25.	People suffering from a) $1 - 1.5$ millions	mental diseases in Inc b) $6-7$ millions		10 – 15 millions	d)	60 – 70 millions
26.	Social health hazards i a) Stigma c) Higher crime record		b) d)	Anti – social behav All of these	viou	r
27.	Hyper obesity value in a) > 25	terms of BMI. b) 40	c)	> 40	d)	< 40
28.	Goals of communication a) To inform, to persuade, fear o	ıade		To inform, fear of o None of these	offe	nding
29.	In which year WHO ar a) 2000	ticulated the right to l b) 1946		th in its constitution 1952	? d)	1987
30.	Spiritual health refers a) Body composition by	o) Mediation	c)	Exercising	d)	All of these
31.	When findings are difthe research is lacking	in validity.				
	a) Ecological	b) Economical	c)	Empirical	a)	Experimental ·

32.	The WHO report in 2 this century if WHO rapidly.	2013 estimated that To framework convent	Tobacco will kill as many as people of ntion on tobacco control is not implemented					
	a) 2 Billion c) 1 Billion		/	Half Billion Quarter of a billion	39- , C -1			
33.	Communication disea like a towel, cup, l means through which a) Only i	ase can spread when when when the disease can be spread b) Only ii	s sta ead.	atement refers to w	dy used by some one hich of the following Contact. d) Neither i & ii.			
34.	Social exclusion refera) Poverty	s to b) Old age	c)	Mental ill health	d) All of these			
35.	Which disease spread a) Cholera	s through open defeca b) Malaria		? Dengue	d) Elephantiasis			
36.	Emotional health refe a) Problem solving c) Drinking lot of wa	de la company de		Empathy towards of Having good nutring				
	<i>s</i>) =							
37.	Basic Instincts of hur a) Self preservance		c)	Sexual	d) All of these			
38.	b) Showing new clotc) Repeatedly buying	buying include ne item of your favori hes to your friends or g more than you need al gifts when they go o	fam or c	ily an afford				
39.	The most noticeable a) Hyper active	effect of THC, the psy b) Blood shot eyes	cho c)	active substance in Slouching posture	marijuana is d) Loss of appetite			
40.	Emotional well being a) Smoking c) Stress situation m		,	Drinking alcohol None of these				
41.	Wellness dimensions a) 2	are b) 4	c)	6	d) 8			
42.	What are the reasons a) To feel good	for taking drug? b) To do better	c)	To feel better	d) All of these			
43.	Planning refers to a) Communities in v c) Financial stability			Health services None of these				

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44.	What is the goal of social engineering?										
	a) Sabotage a person's social media	b) To build trust									
	c) To gain vital personal information	d) To catfish someone.									
	,	and the same of th									
45.	After drinking Alcohol, consumption of th	is leads to death.									
	a) Morphine b) Opium	c) Onion d) None of these									
		4									
46.	How is substance use disorder treated?	A CONTRACTOR OF THE PERSON OF									
-	a) Multiple types of treatment	b) Alcohol drinking									
	c) Recognition of problem	d) Both (a) & (c)									
) 8										
47.	What are proactive factors for addictions?										
	a) Positive relationship	b) Drug experimentation									
	c) Community poverty	d) All of these									
48.	Objectives of communication skill are										
	a) Active listening skill	b) Aware of own communication barrier									
	c) Both (a) & (b)	d) None of these									
	The second second										
49.	Post Correspondence Problem (PCP) was of	originally developed as									
	a) A drug to induce vomiting										
	b) An anesthetic used in veterinary practice										
	c) An anesthetic with which person remains conscious but feels no pain										
	d) An experimental psychiatric medication	n.									
50.	Which of the following statement about an	nphetamines is true?									
	a) They are not addictive										
	b) They are stimulants	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1									
	c) They have no known side effects	April 1									
	d) They cause drop in heart rate and resp	iration rate.									

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